

# “Connect to your Child”





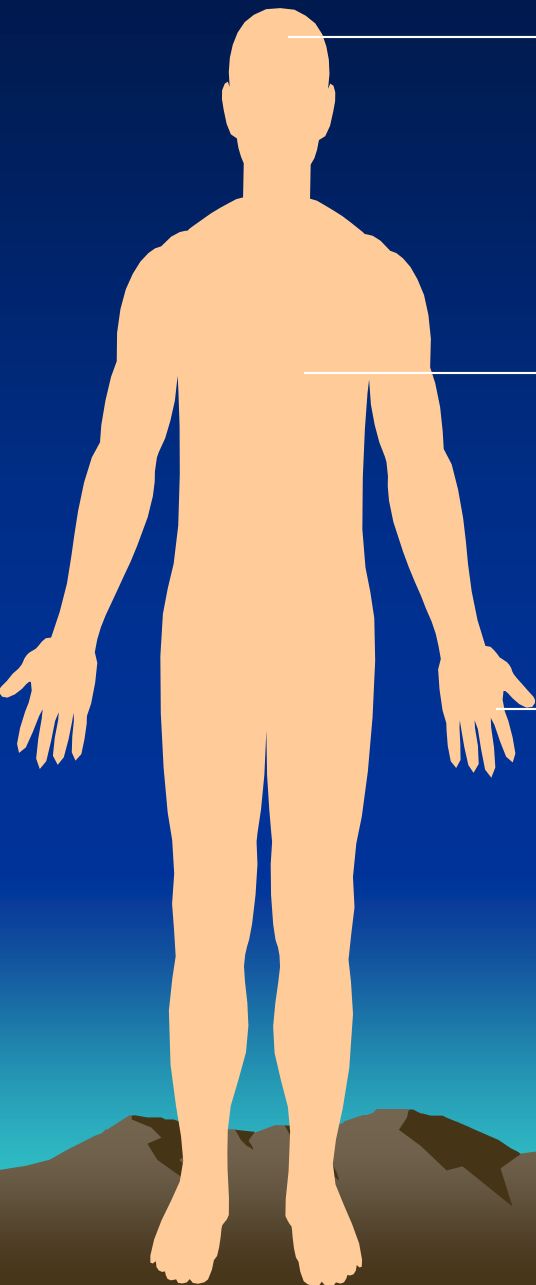
**CONNECT TO YOUR CHILD**





# Are we really connected?





**Head**

**The human mind is confused with priority management and anxiety of future for greater security.**

**Heart**

**The heart is busy in sensations for pleasure with other emotions.**

**Hands**

**The hands are busy in doing things to gain recognition, fame, power and easily getting bored.**



# Why we need connectivity

- Parents do not have much time
- Effect of television, cinema, internet and phones
- Too much competition for getting better lifestyle
- Too much freedom



S. KELLY

THE TIMES-PIYAYUNE  
© 2 0 0 5

COME ON,  
WHEN I WAS  
YOUR AGE,  
I HAD TO WALK  
SIX MILES  
THROUGH SNOW  
TO GET TO  
SCHOOL...



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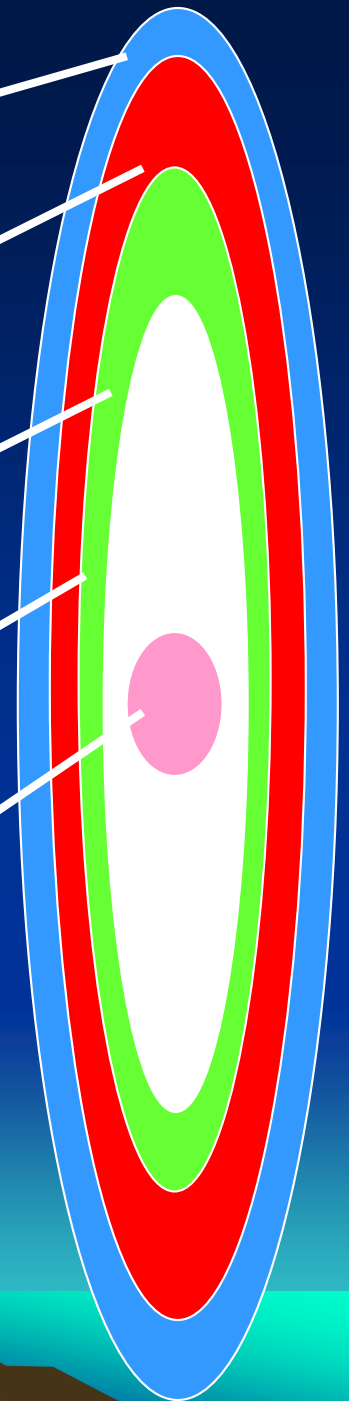
**SO, YOUR  
PARENTS  
COULDN'T  
AFFORD  
GAS  
EITHER...**







Bliss  
Intellect  
Mind  
*Energy*  
Body



# Way to Connect to your Child

Parents are made aware of their inner being.

Once parents know their inner core strength, mind set, and values it equips them with knowledge, the techniques to address their children's issues.

By bringing change in themselves parents transmit the positive change in their child.

# Healthy Connection

It relates to the proper care and treatment of our body. We should have moderation in diet , consistency in our fitness and should be able to manage our stress intelligently. Once we are aware, we transform and then we transmit healthy living in our child.

**Domain – Physical**  
**Value – Right Conduct**



# 3 FACTORS

Determine the Physical  
Health of the Body

- Lifestyle
- Food
- Exercise





# Energy Connection

There is a subtle energy field around physical body which gives life .Its origin is in love. Here we take a deep look at our behavior to determine how , when and in what circumstances we have bypassed our love energy.



Domain – Energy  
Value – Love



## LOVE

**Is the greatest power in the world. It can change the hearts of people and achieve anything in life.**

Do a self audit of the number of times there were expressions of negative emotions and the number of times there were expressions of positive emotions.

How did it manifest and how long did it last?  
See if there is marked reduction of outbursts or negative emotions and marked increase in positive emotions.

# Conscious Connection

Is about being a parent who is aware or conscious of the minor and major dilemmas which our child face. This awareness rises us above the problem and we are able to solve the issue effectively. We learn to control our mind so that it becomes positive strong and effective.

**Domain: Mental**  
**Value: Peace**





# Creative Connection

By using our intellect we are empowered to get creative resolutions of situations at home and with our children. Intellect is our judging capacity which examines the stimuli received and communicates the response to mind. Intellect is tool to creativity which reaches depth of our wisdom.



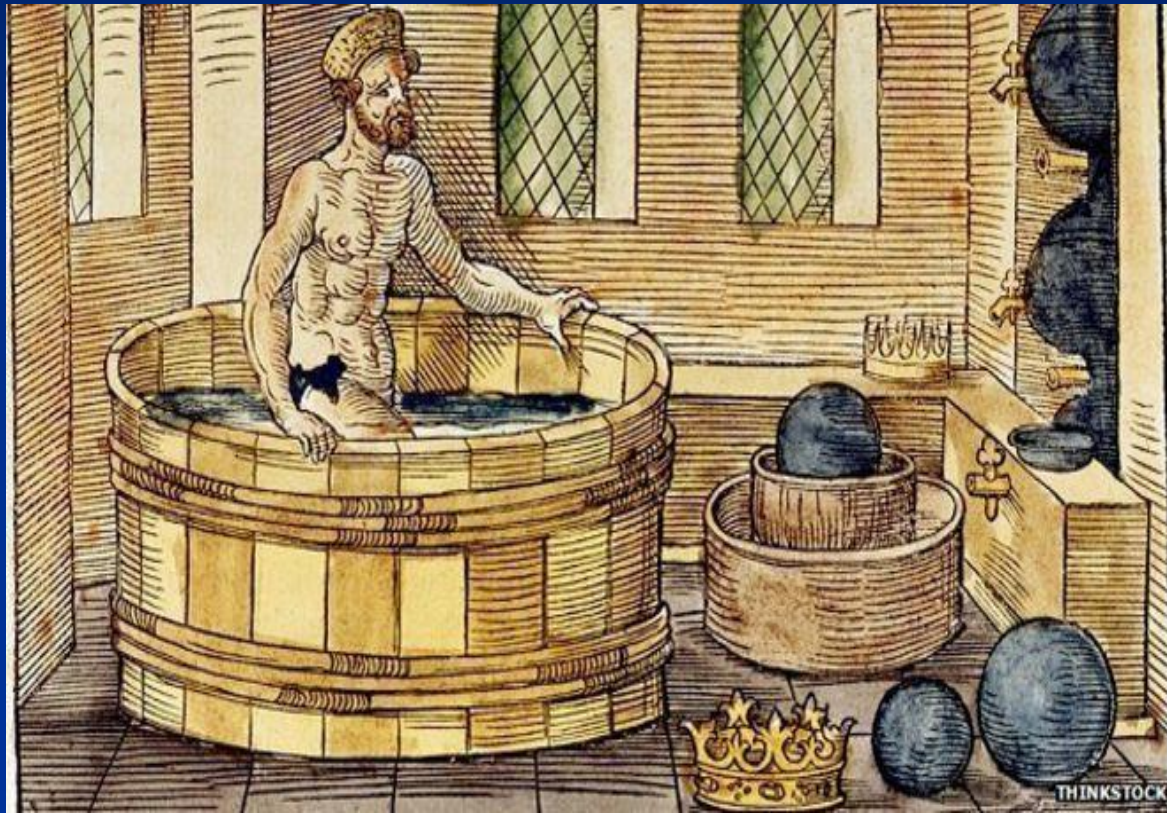
**Domain - Intellect**  
**Value – Truth**



# Intuitive Connection

By making a personal transformation within we get in touch with our personality where we experience peace and joy from within and then to our children. This allows us to get connected with our child when they need us.

**Domain –Spiritual /Bliss**  
**Value – Nonviolence**



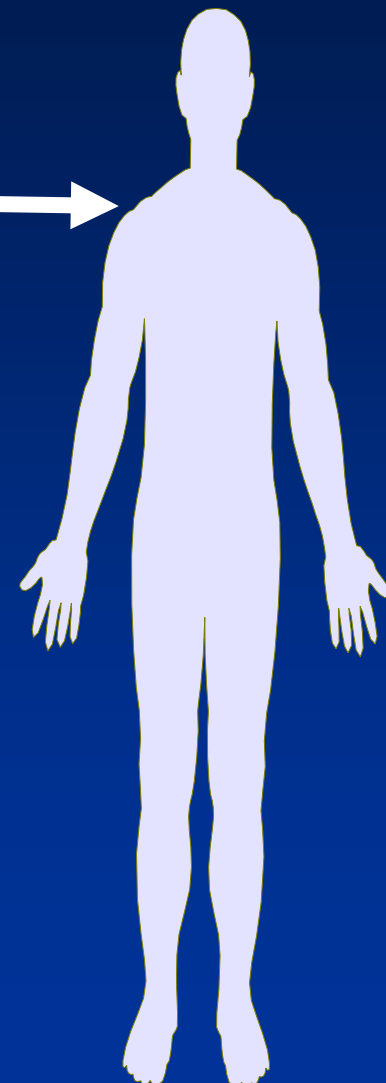
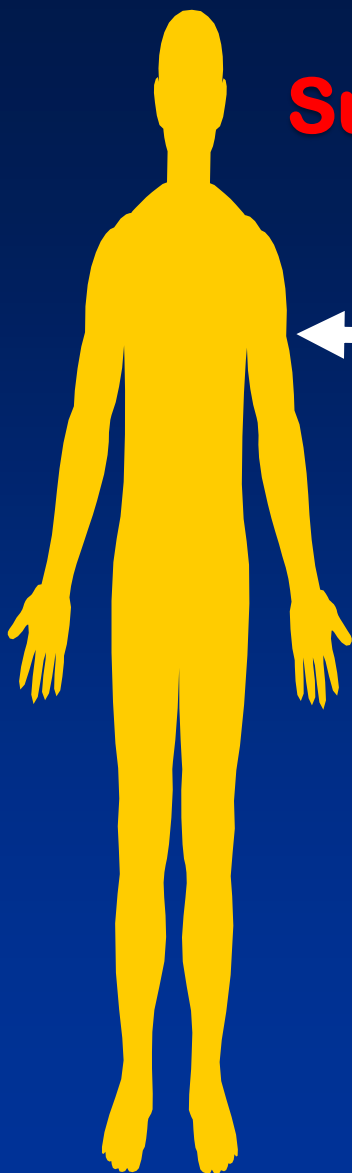
**Inner Transformation**

**PARENT**

# **Outer Transmission**

**CHILD**

**Subtler we get greater is the influence**



**BODY**

**ENERGY**

**MIND**

**INTELLECT**

**BLISS**

# Role of Parents

Parents **need to** correct themselves before they correct their child. BE-DO-SEE-TELL.

Because Children See, Children Do!





# Role of Parents

Early years of life of child is most crucial and so the mother and father have to share the responsibility for the proper upbringing. They must lay a strong foundation of human values.





## Parent's Responsibility

“Parents must feel that they are servants appointed by the Lord to tend little souls that are born in their households, as the gardener tends the trees in the garden of Master” - Sathya Sai

